

# CUB SCOUT

## OUTDOOR PROGRAM GUIDELINES FOR 2008-2009

A GUIDE FOR VOLUNTEERS AND PROFESSIONALS WHO ADMINISTER THE CUB SCOUT OUTDOOR PROGRAM

IT'S MORE FUN OUTDOORS!



**P**lanned, organized outdoor activities at the den, pack, district, and council levels fulfill the promise made to our Cub Scouts. Young boys have a great desire for outdoor fun, excitement, and adventure. These experiences encourage them to spend quality time with family and friends. Quality council camps and fun district and pack outdoor events directed by qualified, trained leaders provide an ideal setting for these activities.

Cub Scouts can camp! Every pack's annual plan should include day camp, resident camp, pack overnights, and many

## It's More Fun Outdoors!

### Why Cub Scout Outdoor Activities?

When a boy and his family join Cub Scouting, they join an organization that values the fun and excitement of experiencing the outdoors. Each Cub Scout pack is encouraged to provide its youth members with enriching, positive outdoor experiences. Many boys experience their first organized outdoor adventure as a Cub Scout. Proper planning using Cub Scouting guidelines should assure a positive experience. A successful outdoor program that meets the goals of the Cub Scout program will ensure that all activities are appropriate for the target age group. Age-Appropriate Guidelines for Scouting Activities is available online at [www.scouting.org](http://www.scouting.org) as well as in the *Guide to Safe Scouting*.

In addition, apply these Cub Scouting program-specific criteria:

- The activity is parent/youth or family-oriented.
- The activity is conducted with adult supervision.

other outdoor activities. Advanced planning will allow leaders to arrange to attend the training needed to successfully accomplish the program goals of the units and the training requirements of the BSA. Most boys join Cub Scouting because of the outdoor activities, especially camping! Boys in this age group have a natural curiosity about their surroundings, particularly the world out-of-doors. Introducing these boys to the fun and adventure of Scouting in the outdoors will benefit them as they mature through the program. Their participation and enthusiasm will grow for continuing in the program into Boy Scouting and beyond.

- The Cub Scouts are asked to do their best.
- The activity is discovery-based.
- Advancement occurs as a natural part of a well-planned program, but is not the focus of the camp program.

### Two-Deep Leadership Required

It is the policy of the Boy Scouts of America that trips and outings may never be led by only one adult. Two registered adult leaders, or one registered adult leader and a parent of a participant, one of whom must be 21 years of age or older, are required for all trips and outings. The chartered organization of any Cub Scout pack, Boy Scout troop, Varsity Scout team, or Venturing crew has the responsibility to stress to the committees and leaders of the unit that sufficient adult leadership must be provided on all trips and outings.

### Outdoor Activity Tips

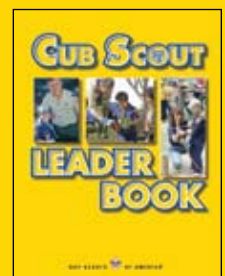
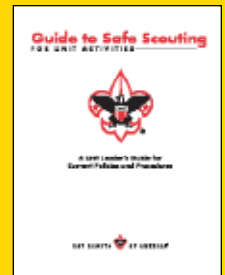
- Obtain written permission (informed consent agreement—see the *Cub Scout Leader Book* for this form) from parents or guardians for activities that are held away from the regular den and pack meeting places.
- File a local tour permit if necessary. Check with your local council on its policies regarding field trips in your council.
- Plan ahead to have sufficient adult supervision for the activity and in the event of an emergency.
- Be sure to have enough adult leaders for the activity.
- Check out the site before the activity. Check on reservation procedures, restroom facilities, availability of adequate drinking water, and any potential hazards.
- Use the buddy system. Coach the boys in advance on what to do if they get lost.
- Carry a first-aid kit and know how to use it. Be prepared with emergency procedures written for each activity site or location.
- Arrange adequate insured and safe transportation.
- Always leave a site in its natural condition.

For additional information on specific activities not covered in this document, refer to Age-Appropriate Guidelines for Scouting Activities, included in the *Guide to Safe Scouting* and online at <http://www.scouting.org>.

#### Reference

*Cub Scout Leader Book*, No. 33221

*Guide to Safe Scouting*, No. 34416 or online at [www.scouting.org/HealthandSafety/GSS.aspx](http://www.scouting.org/HealthandSafety/GSS.aspx)



# Camping

## Cub Scout Day Camp

Cub Scout day camp is an organized, one- to five-day theme-oriented program for Tiger Cubs and their adult partners, Cub Scouts, and Webelos Scouts. Day camp is conducted by the council/district under National Camp School leadership at an approved site during daylight or early evening hours. Day camps do not include any overnight activities. The day camp program is age-appropriate and theme-based and offers a variety of outdoor experiences, including sports.

Cub Scout day camp programs should be geared to the physical and mental abilities of their specific age group. Program session time schedules and activities should be geared specifically for Tiger Cubs, with the involvement of their adult partners. This usually will require adjustment of an existing day camp program geared for Cub Scouts and Webelos Scouts.

Approval to conduct a day camp is granted by the council. Training for camp directors and program directors is provided through the National Camping School. All day camps shall be conducted in accordance with established standards as given in National Standards for Local Council Accreditation of Cub Scout/Webelos Scout Day Camps, No. 13-108.

### Reference

*Cub Scout Day Camp*, No. 13-33815

## Cub Scout/Webelos Scout Resident Camp

Cub Scout and Webelos Scout resident camping is a council-organized, theme-oriented, overnight camping program. It operates for at least two nights and is conducted under trained leadership at a camp approved by the council. In most cases, each youth member will be under the supervision of a parent or guardian. In all cases, each youth participant is responsible to a specific adult.

Resident camping typically includes the following outdoor program areas: Showmanship, Sportsmanship, Craftsmanship, Waterfront, Fitness, Campcraft, and Nature.

Each year, councils change their overall theme to offer different adventures. Examples of themes include Sea Adventure, Space Adventure, Athletes, Knights, Circus Big Top, American Indian Heritage, Folklore, and the World Around Us.

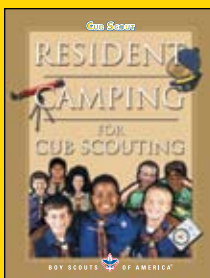
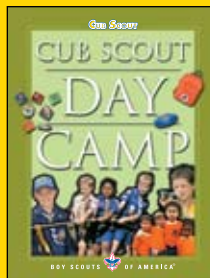
Training of the resident camp director and program director (both a minimum of 21 years old) is provided through the National Camping School. All Cub Scout and Webelos Scout resident camps shall be conducted in accordance with established standards as given in National Standards for Cub Scout/Boy Scout Resident Camps, No. 19-108.

### Reference

*Resident Camping for Cub Scouting*, No. 13-33814

## Council-Organized Family Camps

Council-organized family camps are overnight camping activities involving more than one pack. The local council or district provides the elements of the outdoor experience, such as staffing, food service, housing, and program. These overnights often are referred to as Parent-Pal or Adventure Weekends. In most cases, the youth member will be under the supervision



of a parent or guardian. In all cases, each youth participant is responsible to a specific adult.

Leadership of these functions is provided through the family camp administrator, who is at least 21 years of age and has successfully completed National Camping School training in Resident Camp Management. It is his or her responsibility to promote, schedule, and oversee the family camping opportunities in the council. The family camp administrator has the responsibility to train family camp directors and other staff who will be providing leadership for the family camping activities.

## Pack Overnights

Pack overnights are pack-organized overnight camping activities involving more than one family from a single pack, focused on age-appropriate Cub Scout activities and conducted at council-approved locations (use Pack Overnighter Site Approval Form, No. 13-508). If nonmembers (siblings) participate, the program must be structured to accommodate them. BSA health and safety and Youth Protection guidelines apply. In most cases, each youth member will be under the supervision of a parent or guardian. In all cases, each youth participant is responsible to a specific adult.

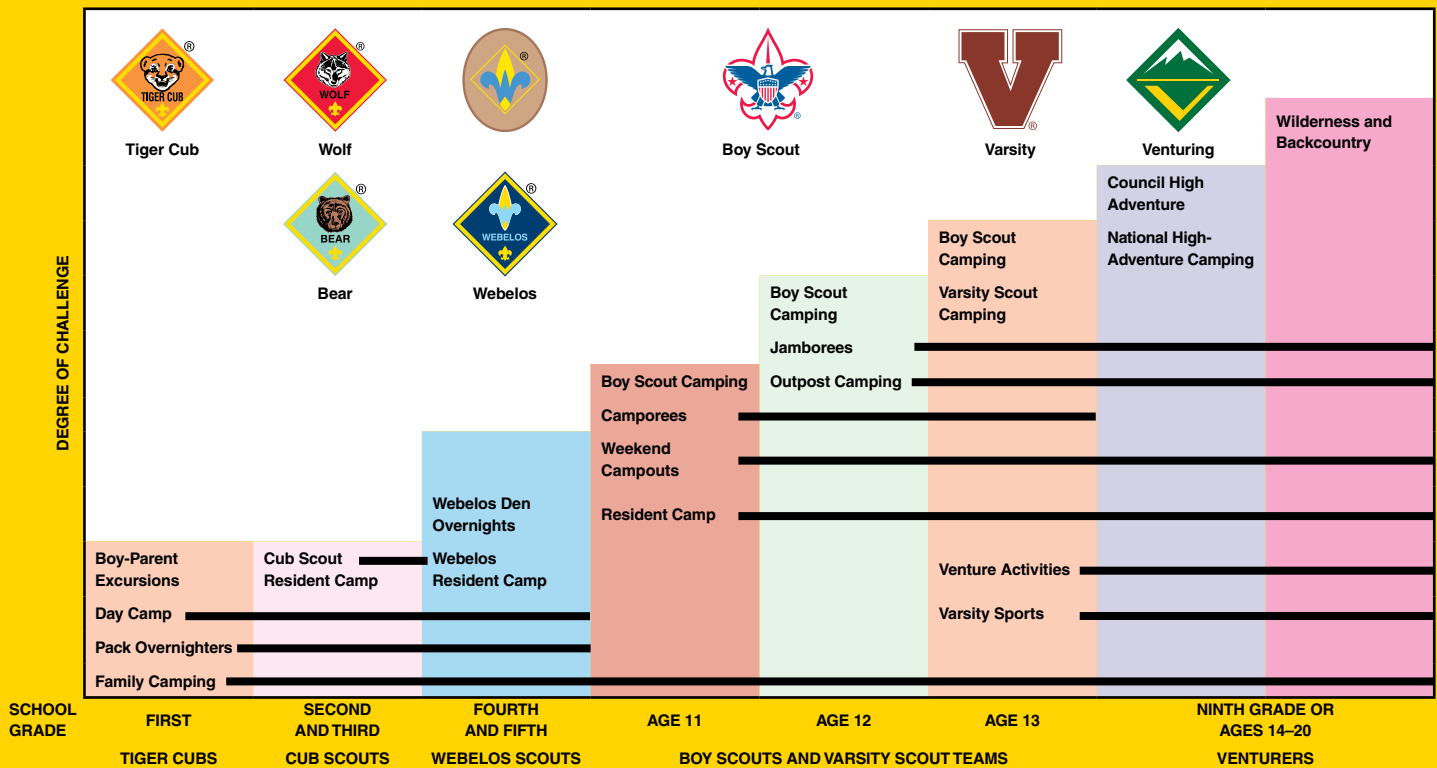
At least one adult giving leadership to a pack overnighter must complete *Basic Adult Leader Outdoor Orientation (BALOO)*, No. 34162, and be present on campouts. BALOO trains participants to properly understand the importance of program intent, Youth Protection guidelines, health and safety, site selection, age-appropriate activities, and sufficient adult participation. Permits for campouts shall be issued locally, according to council policies. Packs use the Local Tour Permit Application, No. 34426.

### Reference

*Basic Adult Leader Outdoor Orientation (BALOO)*, No. 34162

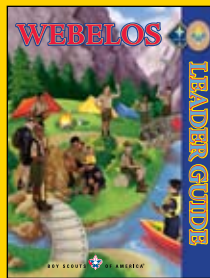


# Scouting's Camping Program—Ever-Increasing Challenge Out-of-Doors



## Webelos Den Overnight Camping

Webelos den campouts serve to move the Webelos Scout to the next level of the BSA's ever-increasing challenge in the outdoors. The boy and his parent or guardian will be introduced to the basics of Boy Scout camping. A Webelos den leader who has completed position-specific training and Outdoor Leader Skills for Webelos Leaders training should conduct these events. In most cases, each youth member will be under the supervision of a parent or guardian. In all cases, each youth participant is responsible to a specific adult. Webelos dens are encouraged to participate in joint den-troop campouts, particularly in the fifth-grade year. These campouts should be conducted with an individual troop for the purpose of strengthening ties between the pack and the troop. BSA health and safety, age-appropriate guidelines for Cub Scout activities, and Youth Protection guidelines apply. When camping with a troop, Cub Scout guidelines still apply for all Cub Scout members.



Webelos dens are encouraged to visit Boy Scout camporees and Klondike derbies. The purpose of these visits should be for the boys to look ahead with anticipation to their future as Boy Scouts and observe troops they might join. Webelos Scouts should not compete or participate in activities designed for Boy Scouts. Webelos Scouts should not spend the night at the event if the program is Boy Scout-based. A separate Webelos-only event known as a Webelos- Ree should be provided by the council or district.

To provide leadership for this event, Webelos den leaders should complete the course, *Outdoor Leader Skills for Webelos Leaders*, No. 13-33640.

## References

- Cub Scout Leader Book*, No. 33221
- Outdoor Leader Skills for Webelos Leaders*, No. 13-33640
- Webelos Leader Guide*, No. 33853

## Webelos- Ree

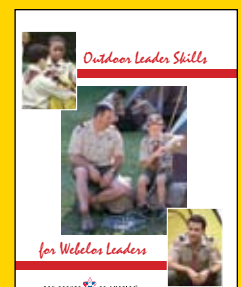
A Webelos- Ree is a district or council overnight camping experience for Webelos dens with den leadership present. The local council or district sponsors the event and provides the program and leadership. The location is approved by an appropriate committee, as determined by the council. The local council sets the ratio of Webelos Scouts to adults for the event. In most cases, each boy will be accompanied by a parent or guardian. In all cases, a responsible adult will be designated for each youth participant. BSA Youth Protection standards will apply regarding sleeping and bathroom arrangements.

This camporee-style event is intended for Webelos Scouts, with events and activities planned for their ability level according to age-appropriate guidelines for Cub Scouts. Boy Scouts should participate only in leadership and support capacities. Key staff members should be trained in *Outdoor Leader Skills for Webelos Leaders*, No. 13-33640. A program guide, "Conducting a Webelos- Ree," is available from local councils.

## Outdoor Leader Skills for Webelos Leaders

This training has been designed to be delivered as a stand-alone outdoor session for Webelos den leaders or conducted as part of the Introduction to Outdoor Leader Skills training for Boy Scout leaders.

All participants, Boy Scout and Cub Scout, will be together for the beginning



of selected skills presentations. After the basic skills are covered, the Webelos den leaders and Boy Scout leaders will separate into their own programs. Leaders learn fire site preparation, cooking and sanitation/dinner preparation, flag etiquette, how to plan Webelos den overnight campouts, and much, much more.

### Reference

*Outdoor Leader Skills for Webelos Leaders*, No. 13-33640

## Cub Scout Trips and Excursions

Going outdoors is one of the most exciting parts of Scouting. All Cub Scouts look forward to taking field trips to museums and local places of interest, going on hikes, exploring nature, taking part in sports activities or sporting events, and participating in service and conservation projects. All trips should be conducted in accordance with established procedures. Tour Permits for such tours shall be issued locally or nationally, depending on the distance traveled.

The National Council has established the following guidelines for non-camping Cub Scout trips and excursions:

- Trips normally will be one-day excursions.
- Overnight stays are permitted but they are not encouraged.
- When overnight stays are necessary, participants will stay in private homes, motels, or hotels.
- Lock-ins or overnight programs at local museums or other appropriate locations may be approved by the local council.
- Den leaders, pack leaders, and parents or guardians are expected to accompany the boys on approved trips. Two registered adult leaders, or one registered adult leader and a parent of a participant, one of whom must be 21 or older, are required to be on all trips and outings.

- The adult partner must accompany the Tiger Cub on all trips and outings.
- Den families should be notified any time that the den is going to be away from the regular meeting place. It is recommended that signed Informed Consent Agreements be obtained for all den trips. (See the *Cub Scout Leader Book* for this form.)

## Swimming

Before a BSA group may engage in swimming activities of any kind, a minimum of one adult leader must complete Safe Swim Defense training, have a commitment card (No. 34243) with them, and agree to enforce the Safe Swim Defense plan. The Safe Swim Defense plan applies to swimming at a beach, private or public pool, wilderness pond, stream, lake, or anywhere Scouts swim.



The following information is specific to Cub Scout swimming activities:

- If the swimming activity is in a public facility where others are using the pool at the same time, and the pool operator provides guard personnel, there may be no need for additional designation of Scout lifeguards and lookout.
- The buddy system is critically important, however, even in a public pool. Remember, even in a crowd, you are alone without protection if no one is attentive to your circumstances.
- The rule that people swim only in water suited to their ability and with others of similar ability applies in a pool environment. Most public pools divide shallow and deep water, and this may be sufficient for defining appropriate swimming areas.
- Aquatics activities for dens often are held in backyards with swimming pools. Safe Swim Defense guidelines must apply. A certified lifeguard, though highly recommended, is not required.

## Cub Scout Outdoor Program Options

Type of Camp	Who Attends*	Site Approval By	Reference	Primary Leaders	Leader Training
<b>Cub Scout Day Camp</b>	Tiger Cubs and adult partners, Wolf and Bear Cub Scouts, Webelos Scouts	Local council	<i>Cub Scout Day Camp</i> , No. 13-33815; Day Camp Standards, No. 13-108	Camp director and program director	Camp director and program director trained in National Camping School Cub Scout Day Camp Administration
<b>Cub Scout Resident Camp</b>	Wolf and Bear Cub Scouts, Webelos Scouts	Local council	<i>Resident Camping for Cub Scouts, Webelos Scouts, and Parents</i> , No. 13-33814; Resident Camp Standards, No. 19-108	Camp director and program director	Camp director trained in National Camping School Resident Camping Management; Program Director trained in National Camping School Cub Scout Resident Camping Program
<b>Pack Overnights</b>	Tiger Cubs and adult partners, Wolf and Bear Cub Scouts, Webelos Scouts, parents (siblings, if there is a separate program for them)	Local council (See No. 13-508.); (An established campground should be used.)	<i>BALOO</i> , No. 34162; Pack Overnights Site Approval Form, No. 13-508B	Pack leaders and parents	Pack leader trained in BALOO (Basic Adult Leader Outdoor Orientation) held by local council or district training team
<b>Webelos Den Overnight Campouts</b>	Webelos Scouts and parent(s)/guardian(s)	Local council	<i>Outdoor Leader Skills for Webelos Leaders</i> , No. 13-33640	Webelos den leader and parents	Webelos den leader trained in Outdoor Leader Skills for Webelos Leaders held by the district or council training team
<b>Webelos-Ree</b>	The den's Webelos Scouts and parent(s)/guardians camp together	Local council	<i>Conducting a Webelos-Ree</i> , available through local councils	Council or district leaders	Webelos den leader trained in Outdoor Leader Skills for Webelos Leaders held by the district or council training team
<b>Council or District Organized Family Camp</b>	Entire families, parents(s)/guardians and Webelos Scouts (More than one pack attends.)	Local council	<i>Council Family Camping Staff Training Guide</i> , No. 13-468; Standards for Council-Organized Family Camps, No. 13-408	Council or district on-site family camp director (could be the council family camp administrator)	Family camp administrator trained in National Camping School Resident Camp Management; on-site family camp director trained by family camp administrator

\*Parents and pack leaders are included in all Cub Scouting activities and should be invited to participate in all Cub Scout camping programs.

A qualified supervisor must be present. It is critical that the swimming activity be supervised by a conscientious adult who knowingly accepts the responsibility for the youth members involved in the activity.

#### Reference

*Safe Swim Defense*, No. 34370; online at <http://olc.scouting.org>  
Safe Swim Defense Commitment Card, No. 34243

## Boating

Canoeing, rowboating, and rafting for Cub Scouts and Webelos Scouts are limited to council and district events.

Before a BSA group may engage in any watercraft activity, adult leaders for such activity must complete Safety Afloat training, have a commitment card, and be dedicated to full compliance with all nine points of Safety Afloat. (Through enforcement of these nine measures, most watercraft accidents can be prevented.) At least one of the adult leaders must be trained in CPR.

The following information is specific to Cub Scout boating activities:

- Supervision—the ratio of adult supervisors to participants is one to five.
- Skill Proficiency—Canoeing, rowboating, and rafting must be conducted on flat-water ponds or controlled lake areas free of powerboats and sailboats. Prior to recreational canoeing, Cub Scouts are to be instructed in basic handling skills and practices.
- Planning—Canoeing, rowboating, and rafting do not include “trips” or “expeditions” and are not to be conducted on running water (i.e., rivers or streams); therefore, some procedures are inapplicable. Suitable weather requires clear skies, no appreciable wind, and warm air and water temperatures.



- PFDs—All persons engaged in activity on the open water must wear properly fitted U.S. Coast Guard–approved personal flotation devices (PFDs).
- Scuba—Youth members in Cub Scouting are not authorized to use scuba gear in any activity.

#### Reference

*Safety Afloat Training*, No. 34159  
Safety Afloat Commitment Card, No. 34242A  
<http://olc.scouting.org>

## Cub Scout Shooting Sports

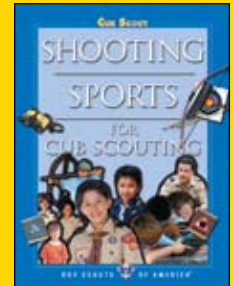
Shooting sports provide fun and adventure for boys. Archery and BB gun shooting teach skills, discipline, self-reliance, sportsmanship, and conservation, all of which are elements of good character valued by Scouters.

Archery and BB-gun shooting are restricted to day camps, Cub Scout/Webelos Scout resident camps, council-managed family camping programs, or council activities where there are properly trained supervisors and all standards for BSA shooting sports are enforced. Archery and BB-gun shooting are not to be done at the den or pack level.

Archery and BB gun shooting belt loops and pins may be earned only at the camps and activities listed above. These programs are designed to emphasize safety and marksmanship development under the direction of trained range officers using nationally approved instructional methods.

#### Reference

*Shooting Sports for Cub Scouting*, No. 13-550



## BSA Policies

### Standards for Privacy on Trips or Outings

To support the BSA policy of two-deep leadership on all trips and outings, the sleeping arrangements of male and female leaders must be addressed.

All leaders are expected to reflect high moral standards established by customs, traditional values, and religious teachings.

Male and female leaders require separate sleeping facilities. Married couples may share the same quarters if appropriate facilities are available.

Male and female youth participants must not share the same sleeping facility.

When tents are used, no youth will stay in the tent of an adult other than his/her parent or guardian.

When housing other than tents is used, separate housing must be provided for male and female participants. Adult male leaders must be responsible for the male participants; adult female leaders must be responsible for the female participants.

Adult leaders need to respect the privacy of the youth members in situations where the youth are changing clothes or taking showers, and intrude only to the extent that health and safety require. Adults need to protect their own privacy in similar situations.



Having separate shower and latrine facilities for males and females is strongly encouraged for all camps and for trips and outings. If separate showers and latrine facilities are not available, separate times for male and female use should be scheduled and posted. Exercise the buddy system for latrine use by having one person wait outside the entrance, or use Occupied or Unoccupied signs and inside door latches.

For more guidelines on camping and supervision for Cub Scouts, see the *Guide to Safe Scouting*, No. 34416.

## Accident and Sickness Protection

For questions about current camper accident and sickness insurance, please refer to the latest material sent to Scout executives from the Insurance and Risk Management Service of the Boy Scouts of America.

# Awards

## Centennial Quality Unit Award

Every Cub Scout pack is encouraged to commit to achieving the requirements for the Centennial Quality Unit Award. One of the requirements includes outdoor activity.

At least 70 percent of our youth members have an outdoor experience or one activity per month, or improve the percentage over last year. Specify in advance the events that will be used and how many are required to qualify. (For Cub Scouting, a pack meeting would be acceptable.)

### Reference

*2008 Centennial Quality Award Commitment Interpretation of Requirements and Worksheet*, No. 14-190

## National Summertime Pack Award

The purpose of the National Summertime Pack Award is to encourage packs to provide a year-round program by continuing to meet during the periods when school is out of session for several weeks or months. If a pack is in a “year-round school” (or part of a home-school association) that has several three- or four-week breaks at various times during the year, the award can be earned during those breaks. The award consists of an individual pin (No. 00464) for youth uniform wear, a certificate for the pack, and a colorful ribbon for the den and pack. The pin is worn on the right pocket flap of the uniform shirt by itself, or on the Cub Scout Outdoor Activity Award, if it has been earned.



### Reference

*National Summertime Pack Award*, No. 33748  
*Cub Scout Leader Book*, No. 33221

## Cub Scout World Conservation Award

Cub Scouts and Webelos Scouts who have participated in either a den or a pack conservation project and have completed certain requirements can earn the World Conservation Award.



Each age group has specific requirements. Wolf Cub Scouts complete Wolf Achievement 7 and two electives and take part in a den or pack conservation project. Bear Cub Scouts complete Bear



Achievement 5 and all projects in two electives, and take part in a den or pack conservation project. Webelos Scouts earn three activity badges in addition to taking part in a den or pack conservation project. Tiger Cubs do not earn the World Conservation Award.

The award is worn as a temporary patch (No. 00139), centered on the right pocket of the uniform shirt.

### Reference

*Cub Scout Leader Book*, No. 33221

## Cub Scout Leave No Trace Awareness Award

Leave No Trace promotes an awareness of conservation and consideration. The principles of Leave No Trace apply in a backyard or local park (sometimes called the frontcountry) as much as in the wilderness (the backcountry). Cub Scouts, parents, and leaders should all practice Leave No Trace principles in their thinking and actions—wherever they go.

Requirements for Cub Scouting’s Leave No Trace Awareness Award are listed in the Tiger Cub, Wolf, Bear, and Webelos Scout handbooks. The award is worn as a temporary patch (No. 08797), centered on the right pocket of the uniform shirt.

### Cub Scout Leave No Trace Pledge:

**I promise to apply the Leave No Trace frontcountry principles wherever I go:**

1. Plan ahead.
2. Stick to trails.
3. Manage your pet.
4. Leave what you find.
5. Respect other visitors.
6. Trash your trash.

### Reference

Leave No Trace: Frontcountry Guidelines at [www.scouting.org/CubScouts/resources.aspx](http://www.scouting.org/CubScouts/resources.aspx)

## Cub Scout Outdoor Activity Award

Tiger Cubs, Wolf and Bear Cub Scouts, and Webelos Scouts have the opportunity to earn the Cub Scout Outdoor Activity Award. Boys may earn the award in each of the program years as long as the requirements are completed each year. The first time the award is earned, the boy will receive the pocket flap award (No. 14235), which is to be worn on the right pocket flap of the uniform shirt. Each successive time the award is earned, a wolf track pin (No. 14236) may be added to the flap. Leaders should encourage boys to build on skills and experiences from previous years when working on the award for a successive year.



## Requirements

### All Ranks

Attend Cub Scout day camp or Cub Scout/Webelos Scout resident camp.

### Rank-Specific

**Tiger Cubs.** Complete one requirement in Achievement 5, “Let’s Go Outdoors” (*Tiger Cub Handbook*), and complete three of the outdoor activities.

**Wolf Cub Scouts.** Assemble the “Six Essentials for Going Outdoors” (*Wolf Handbook*, Elective 23b) and discuss their purpose; complete four of the outdoor activities.

**Bear Cub Scouts.** Earn the Cub Scout Leave No Trace Award (*Bear Handbook*, Elective 25h) and complete five of the outdoor activities.

**Webelos Scouts.** Earn the Outdoorsman Activity Badge (*Webelos Handbook*) and complete six of the outdoor activities.

### Outdoor Activities:

With your den, pack, or family:

1. Participate in a nature hike in your local area. This can be an organized, marked trail, or just a hike to observe nature in your area.
2. Participate in an outdoor activity such as a picnic or park fun day.
3. Explain the buddy system and tell what to do if lost. Explain the importance of cooperation.
4. Attend a pack overnighter. Be responsible by being prepared for the event.
5. Complete an outdoor service project in your community.
6. Complete a nature/conservation project in your area. This project should involve improving, beautifying, or supporting natural habitats. Discuss how this project helped you to respect nature.
7. Earn the Summertime Pack Award pin.
8. Participate in a nature observation activity. Describe or illustrate and display your observations at a den or pack meeting.
9. Participate in an outdoor aquatic activity. This can be an organized swim meet or just a den or pack swim.
10. Participate in an outdoor campfire program. Perform in a skit, sing a song, or take part in a ceremony.
11. Participate in an outdoor sporting event.
12. Participate in an outdoor interfaith or other worship service.
13. Explore a local city, county, state or national park. Discuss with your den how a good citizen obeys the park rules.

**This award is intended for, and only earned by Cub Scout youth members.**

### Reference

Cub Scout Outdoor Activity Award (13-228) at [www.scouting.org/CubScouts/resources.aspx](http://www.scouting.org/CubScouts/resources.aspx)

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