

AQUATICS TRAINING SPRING 2012

BSA Swimming & Water Rescue Certification & Snorkeling BSA

BSA Paddle Craft Safety Certification & Kayaking BSA

BSA Lifeguard

Canoeing Merit Badge Counselor Workshop

Canoeing Practice Advanced Kayaking



Where: Flaming Arrow Scout Reservation, Gulf Ridge Council

When: March 30-April 1 and April 20-22, 2012

A. SWIMMING & WATER RESCUE and PADDLE CRAFT SAFETY: STRONGLY RECOMMENDED for swimming and boating activities under the new Safe Swim Defense and Safety Afloat. **REQUIRED** for a unit to swim without a lifeguard on Council properties or to boat on Council properties or with Council equipment. The courses take approximately 8 hours each (with the kayak add-on an additional 4 hours), and certifications last for 3 years. Paddle Craft Safety will offer both canoeing and kayaking. Certification patches and cards and safe swim defense/safety afloat cards, as applicable, will be awarded. Optional **KAYAKING BSA** certification can be earned by participants in the kayaking portion of Paddle Craft Safety. Optional **SNORKELING BSA** certification can be earned by participants in Swimming & Water Rescue.

Requirements: All participants must pass the BSA Swimmer test in order to participate. Participants in Paddle Craft Safety and Swimming & Water Rescue must be 16 years or older. Due to equipment limitations, participants will be subject to a weight limit of 275 pounds for the kayaking portion of Paddle Craft Safety. Participants must obtain the BSA Aquatics Supervision Manual in advance (available from the Council Service Center), and study Sections 1 and 3 for Paddle Craft Safety and Sections 1 and 2 for Swimming & Water Rescue in order to prepare for the written tests. Bring your current medical form (Parts A, B, and C are required - you need a doctor's signature) and the Aquatics Supervision Manual. **The reading in the Manual takes a lot of time - begin your study well in advance of the course!**

Schedule: Check-in for Paddle Craft Safety will begin at 7:00 pm March 30, followed at 7:30 pm by the dry land portion of the course. The wet portion of Paddle Craft Safety will begin promptly with a swim test at 7:30 am the following morning at the swimming waterfront and will continue at the boating waterfront. Kayaking BSA certification will be offered immediately following the wet portion of the course. After dinner, a written test will be administered. Check-in for Swimming & Water Rescue will begin at 7:00 pm April 20, followed at 7:30 pm by the dry land portion of the course. The wet portion of Swimming & Water Rescue will begin promptly with a swim test at 7:30am the following morning at the swimming waterfront and will continue at that location. A written test will follow the wet work. Snorkeling BSA certification will be offered following the test for those who wish it.

B. BSA LIFEGUARD: BSA Lifeguard has been upgraded, with its new focus being professional lifeguarding. This intensive course is directed primarily at summer camp staff, but is available for Scouters as well. Scouters who wish to supervise swimming with their units can now take Swimming & Water Rescue instead.

Requirements: Participants must be strong swimmers, motivated, and mature, and must be 18 years or older. Requirements include accomplishing a 550 yard swim in an active manner and a timed weight recovery, to be tested at the beginning of the course. Participants must pass all other physical requirements and pass a written test. Participants must hold or obtain current certificates in CPR/AED for the Professional Rescuer and Basic First Aid. Bring evidence of training, or plan to take the training at the course. Also bring your current medical form (Parts A, B, and C are required - you need a doctor's signature).

Schedule: Check-in for BSA Lifeguard will begin promptly at 7:00 pm March 30 at FASR, followed immediately by the swim prerequisites at the swimming waterfront. The dry and wet portions of the course will follow, through April 1 and will continue beginning 7:00 pm April 20 through April 22. It is anticipated that course participants will be able to take CPR/AED for the Professional Rescuer on Saturday March 31 for an extra

charge, and that Basic First Aid may be offered for an extra charge at some point during the weekends. Details to be worked out.

C. CANOEING MERIT BADGE COUNSELOR WORKSHOP: According to the merit badge pamphlet, all canoeing merit badge counselors should have had formal training in canoeing and instruction offered by approved types of instructors. This workshop will provide that training. Be prepared to teach others in the class.

Requirements: Participants must be good canoeists, and must be familiar with and able to teach the contents of the BSA Canoeing Merit Badge pamphlet (copyright 2005 and up). This workshop is not intended to teach the entire merit badge but only to provide a brush up on strokes, introduce modern paddling theory and new rescues, and emphasize training techniques and considerations. You will be responsible for learning on your own the parts of the merit badge that are not covered. Bring your current medical form (Parts A, B, and C are required - you need a doctor's signature) and the merit badge pamphlet. Check-in for the Canoeing Merit Badge Counselor Workshop will be at 7:30 am on Sunday April 1 at the swimming waterfront for a swim test, followed by paddling at the boating waterfront.

D. CANOEING PRACTICE: Saturday morning April 21 will be reserved for those Scouters who want to come out and further develop their canoeing skills before going out with their units (or even afterwards). Both solo and tandem canoes will be available and we will provide qualified instructors to guide the class. Games will be a part of the class.

Requirements: Participants must have taken Paddle Craft Safety in canoeing. Bring your current medical form (Parts A, B, and C are required - you need a doctor's signature). Check-in will be at 7:30 am on Saturday April 21 at the swimming waterfront for a swim test, followed by paddling at the boating waterfront.

D. ADVANCED KAYAKING: Spend Saturday afternoon April 21 polishing your kayaking skills. You will wear a spray skirt (also called a spray deck) and will practice more advanced skills, such as sculling and bracing, towing, bow rudders, and eskimo boat rescues, or whatever the class wants.

Requirements: Participants must have taken Paddle Craft Safety in kayaking or its equivalent. Bring your current medical form (Parts A, B, and C are required - you need a doctor's signature). Check-in will be at 12:45 pm on Saturday April 21 at the boating waterfront.

FOR ALL COURSES: Wear appropriate clothing (if you are paddling, this means clothes and shoes that can get wet), bring a water bottle, towel, sun screen, and bug spray, and bring snacks if you need them. Camping and bunk house lodging is available Friday and Saturday nights. Included: Cracker barrels, breakfasts on Saturdays and Sundays, lunches on Saturdays and the first Sunday, dinner on Saturdays for persons staying over for courses. No lunch on Sunday April 22 so we can get home sooner.



AQUATICS TRAINING REGISTRATION



Aquatics Training Courses, March & April, 2012

Name _____

Address _____

City _____ State _____ Zip _____

Phone (____) ____ - ____ Email _____

Unit _____ District _____ Adult _____ or Youth (age) _____

Please sign me up for:

\$_____ Paddle Craft Safety Canoeing and Kayaking / March 30 & 31 (\$30)

\$_____ Kayaking BSA (add-on to Paddle Craft Safety) / March 31 (\$2)

\$_____ Canoeing Merit Badge Counselor Workshop / April 1 (\$20)

\$_____ Swimming & Water Rescue / April 20 & 21 (\$20)

\$_____ Snorkeling BSA (add-on to Swimming & Water Rescue) / April 21 (\$5)

\$_____ Canoeing Practice / April 21 (\$10) [cannot be taken if Swimming & Water Rescue or BSA Lifeguard are selected]

\$_____ Advanced Kayaking / April 21 (\$10) [cannot be taken if Swimming & Water Rescue or BSA Lifeguard are selected]

\$_____ BSA Lifeguard / March 30-April 1, April 20-22 (\$65*) [BSA Lifeguard cannot be taken if any of the other courses are selected]

\$_____ TOTAL

*CPR/AED for the Professional Rescuer and First Aid must be signed up separately - please contact Bill Bode, whose contact information is below, with questions.

Send registration and fees to: Gulf Ridge Council, Council Service Center, 13228 N. Central Ave., Tampa, FL 33612, attn. Jeannie Upton. Tel: 813-872-2691 x116. Fax: 813-875-5890. Jupton@boyscouting.com. If paying by credit card, please add credit card type, number, expiration, and signature.

#1-6801-901-20

Credit Card Type: _____; Credit Card Number _____; Expiration _____

Signature: _____

Council Refund Policy: All refund requests must be *in writing* by the payer, with a date and signature, and sent to the Council Service Center. A full refund will be issued if the written request is **received** at the Council Service Center 14 days prior to the event. A 50% refund will be issued if the written request is **received** at the Council Service Center less than 14 days prior to the event. **Refunds will not be issued for requests received on or after the opening date of the event.**

For BSA Lifeguard, contact Bill Bode (813) 382-9262, wode@att.com, and for other aquatics training, Bobby Yadley (813) 227-6434 barbara.yadley@hklaw.com. For other aquatics matters, contact John Ehas (813) 966-4555, thehos@tampabay.rr.com